



NEWMARKET ACADEMY

Dear Parent/Carer,

Re. Support and Assistance for families

At Newmarket Academy, we wish to ensure that all our students and families are able to access support services if necessary. We understand that the current coronavirus outbreak may be difficult for some families and hope that the following contact details might help those needing additional support.

Below are contact details of a variety of external agencies that families may wish to call on for support should the need arise:

<u>Family Lives Support Group</u> Help and support to families that are struggling	www.familylives.org.uk	0808 800 2222
<u>Action for Children</u> Support and help for vulnerable children and their families	Actionforchildren.org.uk Advice.actionforchildren.org.uk	
<u>Homestart</u> Helps families with mental health/bereavement/isolation	Email: info@home-start.org.uk	01164645490
<u>Young Minds Support</u> Mental health support for children and young people	www.youngminds.org.uk	0800 802 5544 Text 85258
<u>Relate</u> Support for families	www.relate.org.uk	02392 827026
<u>KOOTH</u> Free Online Counselling up to 10pm	www.kooth.com	Mon-Fri 12pm-10pm Sat-Sun 6pm-10pm
<u>Childline</u> Support for children/young people	www.childline.org.uk	0800 1111
<u>NSPCC</u> Support for children	www.nspcc.org.uk help@nspcc.org.uk	0800 800 5000
Samaritans	www.samaritans.org	116 123
DSL and Deputy DSLs	Elaine.wilson@newmarketacademy.co.uk Neil.fisher@newmarketacademy.co.uk Sophie.gynn@newmarketacademy.co.uk Mark.kirby@newmarketacademy.co.uk	

Kind regards,

Elaine Wilson
Head of School
Newmarket Academy

Principal: Mr.N Froy (BA Hons) NPQH