

Curriculum Plan for Health Education

Exam Board: Non-examined

Year 7

Year 8

Year 9

Year 10

Year 11

Family types
 Puberty and hygiene
 LGBTQ+ Introduction to
 sexuality
 Body image and the
 media
 Periods and the
 menstrual cycle
 Positive relationships
 Sexual relationships
 Contraception
 Sexual transmitted
 infections
 Teenage pregnancy
 Pregnancy and birth
 Baby needs and costs
 Baby development

Apps or websites used: