



16th June 2021

Pride & Periods – Newmarket Library

Dear Parent/Carer,

Newmarket Library is about to reintroduce Pride & Periods, a project that tackles period poverty.

Research shows that 1 in 7 girls struggle to afford sanitary items or have had to borrow from friends, more than 1 in 10 girls have had to improvise sanitary protection and 1 in 5 girls are using less suitable items due to lack of affordability.

We also know that period poverty means young women miss school days, and as an adult may struggle to find employment; they are also more likely to suffer with anxiety and depression.

Customers can visit the library to collect free sanitary items by using a discreet request form, this is a no questions asked service.

Thank you

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